



Jeff Davidson



Jeff Davidson has been speaking professionally since 1983 to organizations, associations, health care providers, and government agencies. Known for his extraordinarily high content, quick wit, and inspirational style, Jeff has been invited for return engagements with many groups. He's received 850 letters of praise from meeting professionals and audience members. Typical feedback that Jeff receives includes "best of the conference," "you've changed my life," and "best speaker we've ever had."

Most Requested Programs:

Are You Overworked or Just Overwhelmed?

Most people can handle longer hours; it's everything else competing for your attention that leaves you feeling overwhelmed. Once you're overwhelmed, a feeling of being overworked can quickly follow. This program offers space, time, and stress management techniques that most people have never considered and innovative methods for daily effectiveness that anyone can master.

How to Create More Space and Time In Your Life

How would you like to have more time for friends or hobbies, or to get away for more weekend trips? Merely *living* today and participating in society guarantee that both your time and mental, physical, and emotional energy will easily be depleted if you lack the proper vantage point from which to approach each day and conduct your life. Learn the principles for creating the space and time you want to have, and add back the fun!

Choosing When It's Confusing: How to Make Decisions More Effectively

Today, for whatever you want or need to acquire, there are more brands, features, and options than you can comfortably fathom. And tomorrow there will be more options competing for your attention. Yet you can make decisions without collisions! Even if you are confronted with a bewildering number of alternatives, here's welcome news about choice strategies. This session explores the process of quickly making your best choice.

How To Manage Multiple Priorities

This is an era of belt-tightening where shrinking budgets are part of a long-term, not a cyclical, phenomenon. Many career professionals today are asked and *expected* to do more while not being afforded any greater organizational resources; such efforts can take their toll.