

## Motivational Speakers/Overcoming Adversity Speakers



**Jeff Davidson**



[The Complete Idiot's  
Guide to Managi...](#)

Jeff Davidson

Hailed as a "dynamo" by The Washington Post, Jeff Davidson is a leading authority on innovative career and lifestyle strategies -- a world class expert, helping people more effectively live and work at a comfortable pace while confronting Constant change.

Jeff Davidson can move an audience like few others. Davidson offers memorable presentations which combine outstanding content with inspiration, humor, and flair. Jeff supercharges his audiences to take action. He is often featured or quoted in USA Today, The Washington Post, and The Los Angeles Times, and on 100's of talk shows. More than 725,000 people find Jeff's award-winning books (cumulatively selected by book clubs 21 times), audio-books, videos, keynote presentations, and management seminars to be enlightening, entertaining, and transformational. Jeff's ground-breaking book Breathing Space reveals how to avoid racing the clock and gain more control over each day. His latest book The Joy of Simple Living (with a foreword by Mark Victor Hansen, co-author of Chicken Soup for the Soul) is the definitive work on simpler living, offering nearly 2000 tips arranged by every aspect of one's personal and professional life!

Jeff Davidson, MBA, CMC has delivered 500 presentations on three continents to corporations and associations, both large and small, Vital Speeches of the Day has reprinted seven of his speeches alongside those of Dr. Henry Kissinger, George Bush and Lee Iacocca. Jeff's tailored approach and entertaining style consistently earn him rave reviews and return engagements.

### **Topic Summaries:**

#### Relaxing at High Speed

Jeff Davidson's most compelling topic, he offers breakthrough perspectives on space, time and stress management techniques that anyone can master. A great opening, luncheon or closing keynote speech. Audiences have called this presentation "life-changing."